

# MICHAEL J LABANOWSKI, MD

## PROFESSIONAL SUMMARY

Physician licensed in nineteen states and who is board certified in the American Board of Sleep Medicine and the American Board of Neurology and Psychiatry.

## PROFESSIONAL EXPERIENCE – SLEEP MEDICINE, DIRECTOR

Southern Sleep Clinics, LLC	Dothan, AL	2003-Present
Nevada Sleep Diagnostics	Hendersonville, NV	1998-Present
Ross Clifton, D.O., PC	Dothan, AL	1997-2005
SPMC Sleep Disorders Center	St. Petersburg, FL	1996-1997
St. Vincent's Sleep Disorders Ctr.	Santa Fe, NM	1994-1996
Lovelace Sleep Disorders Ctr.	Albuquerque, NM	1993-1996

## PROFESSIONAL EXPERIENCE – CLINICAL NEUROLOGIST

Southern Neurophysiology	Alpharetta, GA	2009-Present
Michael J. Labanowski, M.D., Gen. Neuro.	Dothan, AL	2005-Present
Ross Clifton, D.O., PC	Dothan, AL	1997-2005
St. Petersburg Medical Clinic	St. Petersburg, FL	1996-1997
Lovelace Dept. of Neurology	Albuquerque, NM	1993-1996

## BOARD CERTIFICATIONS

American Board of Sleep Disorders Medicine, 1993  
American Board of Neurology and Psychiatry, 1994

## BOARD ELIGIBLE

American Board of Clinical Neurophysiology  
American Board of Electro diagnostic Medicine

## MEMBERSHIPS

American Sleep Disorders Association, 1991  
American Medical Association, 1990  
American Academy of Neurology, 1989  
American Society of Internal Medicine, 1987  
Medical Association of Alabama, 1999  
AMPAC, 1999  
ALAPAC, 1999

Houston County Medical Society, 1999  
American Academy of Sleep Medicine, 2005

### STATE MEDICAL LICENSURE

STATE	LICENSE #	EFFECTIVE DATE	EXPIRATION
Alabama	MD 15508	9/16/1990	12/31/2015
Arizona	48250	10/9/2013	12/13/2016
California	C133727	12/15/2014	8/31/2016
Colorado	DR.0053019	9/17/2013	4/30/2017
Florida	ME.71698	2/5/2009	1/31/2017
Georgia	57759		8/31/2015
Hawaii	MD.13099	9/30/2004	1/31/2016
Idaho	MD.11426	9/2/2011	6/30/2016
Illinois	036-136692	10/17/2014	7/31/2017
Indiana	01038121A	1/25/1990	10/31/2015
Michigan	4301106434	9/26/2014	1/31/2016
Montana	28018	10/24/2013	3/31/2017
Nebraska	27682	12/4/2013	10/1/2016
Nevada	9072	7/9/1999	6/30/2015
New Mexico	92-278	11/20/1992	7/1/2017
South Dakota	9077	2/6/2014	3/1/2016
Utah	7979667-1205	7/6/2011	1/31/2016
Utah	7979667-8905	7/6/2011	1/31/2016
West Virginia	25685	1/27/2014	6/30/2016
Wyoming	8253A	10/23/2009	6/30/2015

### POST GRADUATE EDUCATION

**Fellowship** – Clinical Neurophysiology

07/01/1992 – 06/30/1993

UNIVERSITY OF NEW MEXICO

Albuquerque, NM

**Fellowship** including emphasis on EMG with additional training EEG, EP and Sleep Disorders

**Fellowship** – Sleep Disorders Medicine

07/01/1991 – 06/30/1992

STANFORD UNIVERSITY

Stanford, CA

**Residency** - Chief Resident Neurology

07/01/1990 – 06/30/1991

USA Medical Center

Mobile, AL

**Residency** - Neurology

07/01/1989 – 06/30/1991

PGY III/IV – UNIVERSITY OF SO. ALA. MEDICAL CENTER Mobile, AL

**Residency** - Neurology  
07/01/1988 – 06/30/1989

PGY II – TEMPLE UNIVERSITY Philadelphia, PA

**Internship** - Internal Medicine  
07/01/1987 – 06/30/1988

PGY I – JERSEY SHORE MEDICAL CENTER Neptune, NJ

## COLLEGIATE AND PROFESSIONAL EDUCATION

Doctor of Medicine April 1987  
SPARTAN HEALTH SCIENCES UNIVERSITY Vieux Fort, St. Lucia, WI

Bachelor of Science – Biology May 1978  
SYRACUSE UNIVERSITY Syracuse, NY

## TEACHING EXPERIENCE

Faculty – Department of Neurology 1993 – 1996  
UNIVERSITY OF NEW MEXICO Albuquerque, NM

## OTHER EXPERIENCE

Sleep Center Accreditation, 2001 & 1996  
National Speaker on Sleep Disorders for Searle  
Represented Railroad Workers Union Members in Fatigue Related Accidents

## PUBLICATIONS & RESEARCH

### Books

Co-author: "Neurology Board Review: Pearls of Wisdom"  
Editor: Pearls of Neurology 1<sup>st</sup> and 2<sup>nd</sup> Editions

### Journals

Frequency of Sleep Disordered Breathing in a Neuromuscular Disease Clinic Population  
NEUROLOGY NOVEMBER 1996 1173-1179

Non-Drug Treatment Trials in Psychophysiology Insomnia  
ARCH OF INTERNAL MEDICINE VOL 155 #8 838-844

Upper Airway Resistance in Infants at Risk for Sudden Infant Death Syndrome  
THE JOURNAL OF PEDIATRICS 1993; 122:881-6

Cardiac Failure and Benzodiazepines  
SLEEP 1993 VOL 16 #6 524-528

Excessive Daytime Somnolence in Women with Abnormal Respiratory Effort During Sleep  
SLEEP 1993 VOL 16 #8 137-138

Cardiac Failure, Snoring, Ventricular Arrhythmias and Nasal Bi-Level Ventilation  
SLEEP 1993 VOL 16 # 8 139-140

From Obstructive Sleep Apnea Syndrome to Upper Airway Resistance Syndrome:  
Consistency of Daytime Sleepiness  
SLEEP 1992 VOL 15 #6 Supp. 13-16

#### Abstracts

Sleep Disordered Breathing in Neuromuscular Disease  
EUROSLEEP CONFERENCE, MAY 22, 1994

#### Newsletters

Validation of Portable Home Monitoring Unit, October 1995  
Functional Status and Insomnia, June 1996

#### Research

Multi-center study of insomnia with the American Group Practice Association, over 3,000 patients enrolled.

Utilization and outcome study on obstructive sleep apnea and insomnia, over 500 Patients enrolled.

